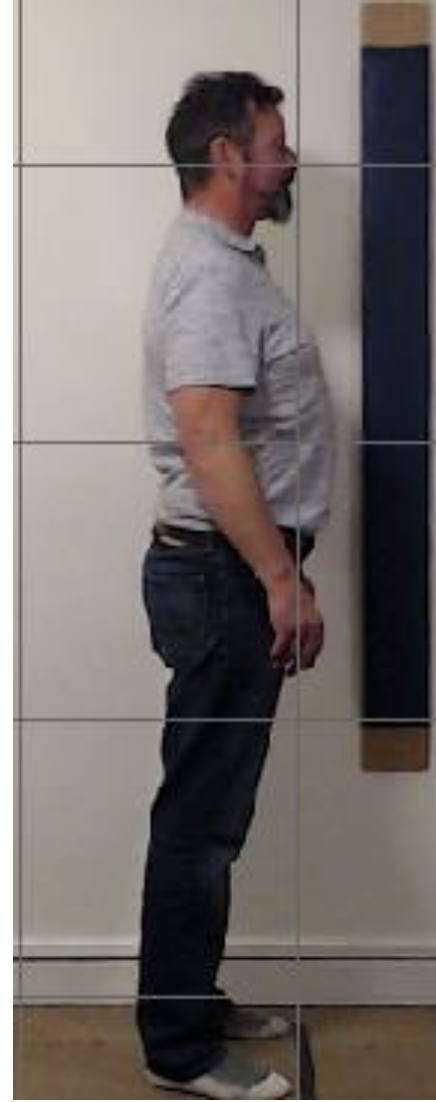


BEFORE

- Head forward
- Shoulders rounded
- Curved upper back
- Chest sunken
- Large Stomach
- Pelvis rotated forward
- Deep lower back curve



AFTER

- Head straight
- Shoulders back
- Straight upper back
- More space to allow full use of lungs
- Chest out and proud
- Stomach reduced
- Pelvis correctly aligned
- Lower back curve normal

"I came to see Nick due to ongoing lower back pain which was very severe at times. My back had been bad for many years and I couldn't do any sport at all. I was not able to bend very easily and could not do any gardening. Now, after I have had the treatments, my pain has completely gone. I can now play badminton, work in the garden and pick things up from ground level without difficulty. I have noticed that my stress levels have reduced, and I have more confidence in carrying out certain tasks. I would definitely recommend PRC.

The treatment has been fantastic. I can't thank Nick enough for his help and commitment to his work and passion to help me get better"



Carl Dodson