

BEFORE

- Head forward and down
- Body leaning back
- Shoulders forward
- Arms forward
- Chest sunken



AFTER

- Head back and up
- Body straight
- Shoulders and arms back
- Chest raised
- Breathing clearer with open chest



"I came to see Nick because I still had bad shoulder pain 8 months after the initial injury. I had limited movement and strength in my shoulder and arm. Since I have the treatment, my pain has mostly gone. I can now move with virtually no pain in my shoulder and arm and it is also possible for me to sleep on my bad shoulder, which it wasn't before. I would highly recommend this Chiropractic to other people"



David Stewart